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### **HAPPY HOLIDAYS!**







### Turtle Island News Christmas Carols & Cookies

#### **Christmas Carols**

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#### 7th Annual Christmas Songbooks

are available from **Turtle Island News** 2208 Chiefswood Rd, Ohsweken Ontario N0A 1M0 Phone: 519.445.0868

### Recipe for Christmas All Year Long

Take a heap of child-like wonder That opens up our eyes To the unexpected gifts in life -

Each day a sweet surprise.

Mix in fond appreciation For the people whom we know;

Like festive Christmas candles, Each one has a special glow. Add some giggles and some laughter,

ı

A dash of Christmas food, (Amazing how a piece of pie Improves our attitude!) Stir it all with human kindness;
Wrap it up in love and peace,

Decorate with optimism, and Our joy will never cease.

If we use this healthy recipe,
We know we will remember
To be in the
Christmas spirit,
Even when it's not December.
By Joanna Fuchs



### Iotshennónnia ki Ratonniá:ne! Merry Christmas!

From all of us at Turtle Island News

### Wishing Everyone Peace & Joy, Health & Happiness...

May the spirit of Christmas be yours to experience and share with those you love.



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### No-Bake Chocolate Coconut Balls

Total: 15 mins Prep: 15 mins Cook: 0 mins **Yield: 60 servings** 

#### **Easy No-Bake Chocolate Coconut Balls**

This is an easy no-bake chocolate candy treat, made with unsweetened cocoa powder and coconut, along with sweetened condensed milk and confectioners' sugar. The thoroughly chilled candy balls are rolled in more sifted confectioners' sugar, but you could also roll them in finely chopped nuts, cocoa powder, fine cookie crumbs or finely grated coconut or toasted coconut.

#### Ingredients

1 pound powdered sugar (approximately 3 1/2 cups unsifted) 3/4 cup unsweetened cocoa powder

1 (14-ounce) can sweetened condensed milk

3 teaspoons vanilla extract

1 (3 1/2-ounce) can flaked coconut (about 1 1/3 cups)

Optional: 1/2 cup pecans or walnuts (chopped)

#### Steps involved

In a large mixing bowl, combine confectioners' sugar and cocoa; stir in the sweetened condensed milk and the vanilla, mixing thoroughly. The mixture will be quite stiff. Stir or knead in coconut and nuts, if using. A heavy-duty mixer with paddle attachment makes mixing much easier, or use the dough hook attachment on a hand-held mixer.

Chill the chocolate mixture for about 15 to 20 minutes, then shape into 1-inch balls. If the mixture is sticky, butter your hands if necessary.

Arrange the candy balls on a baking sheet lined with wax paper or parchment paper. Cover the candy and chill the cocoa balls for at least 2 hours, or until they are quite firm.

Store the chocolate coconut candies in tightly covered containers separated with sheets of wax paper.

Use a small cookie scoop to help make the candy uniform in size, and then use your hands to shape them into smooth balls.

Use a stand mixer to combine the stiff, heavy candy mixture or a dough hook attachment of a handheld mixer.





# Silver Bells

City sidewalks, busy sidewalks.

Dressed in holiday style
In the air
There's a feeling of Christmas
Children laughing
People passing
Meeting smile after smile
and on every street corner you'll hear

Silver bells, silver bells
It's Christmas time in the city
Ring-a-ling, hear them sing
Soon it will be Christmas day

Strings of street lights

Even stop lights

Blink a bright red and green

As the shoppers rush
home with their treasures

Hear the snow crunch
See the kids bunch
This is Santa's big scene
And above all this bustle
You'll hear

Silver bells, silver bells

It's Christmas time in the city

Ring-a-ling, hear them sing

Soon it will be Christmas day





# Jo:to>go:wah | Tsi lothorha

No:ia is the Haudenosaunee starting a new year by turning over the old ashes. It is a time of renewal and commitment to uphold the ceremonies. The day starts with children, and adults, celebrating No:ia, Jan 1st (New Year's Day) by going door to door and yelling "No:ia". Residents treat the children to freshly baked goods (doughnuts and cookies), fruit, nuts and candies.

But only until noon then its family time.

### Indian

#### Ingredients

4 cups white flour

3 tbsp baking powder

1 1/2 tsp salt

1 1/2 tbsp Cinnamon

1/2 tbsp Nutmeg

2 cups of brown sugar

2 cups - margarine

2 tbsp Vanilla

2 cups butter milk

#### **Directions**

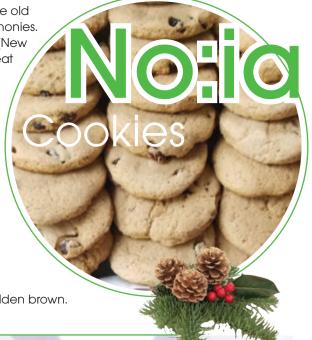
Mix together dry ingredients: flour, baking powder, salt, cinnamon, and nutmeg in a bowl.

Mix together sugar, butter/margarine, vanilla and buttermilk in separate

Mix together. Roll out to 1/4 thick. Cut circles and place on cookie sheet.

Bake at 350° for 10-15 minutes or until golden brown.

Makes 8 dozen.



### Indian Doughnut Dolls



#### Ingredients

1 cup of white sugar

2 eggs

1 cup of butter milk

1/4 tsp of nutmeg

1/4 tsp cinnamon

1 tsp salt

1/2 tsp vanilla

2 cups of flour

2 tbsp butter

3 tsp baking powder

#### **Directions**

Cream together sugar and shortening. Add eggs and blend well. In a separate

bowl sift together flour, baking powder, baking soda, salt, nutmeg, and cinnamon. Add dry ingredients alternately with milk and sugar and shortening mixture. Pour onto floured area and blend until able to cut with a donut cutter.

Cook in hot oil.

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# Joy to the World

Joy to the World
Joy to The world! the Lord is come
Let earth receive her King
Let ev'ry heart prepare him room
And heaven and nature sing
And heaven and nature sing
And heaven and nature sing

Joy to the world! the Savior reigns

Let men their songs employ

While fields and floods, rocks, hills and plains

Repeat the sounding joy

Repeat the sounding joy

Repeat the sounding joy

He rules the world with truth and grace

And makes the nations prove The glories of His righteousness

And wonders of His love

And wonders of His love

And wonder wonders of His love



The students and staff of ASSUMPTION COLLEGE SCHOOL and ST. MARY CATHOLIC LEARNING CENTRE wish you and your family a very Merry Christmas.



Brant Haldimand Norfolk Catholic District School Board

# Eggnog Cookies

Total: 35 mins Prep: 10 mins Cook: 25 mins

Yield: 3 Dozen (36 servings)

These eggnog cookies are made with prepared eggnog and spices. The cookies are perfect for tree-trimming and holiday guests.

The cookies are very easy to prepare, just mix, drop, and bake. No chilling or extra steps are required. To dress them up a bit, press a pecan or walnut half into the tops of the cookies just before baking.

**Ingredients** 2 1/3 cups all-purpose flour 1 teaspoon baking powder 1/2 teaspoon cinnamon (ground) 1/2 teaspoon nutmeg (ground, plus more for sprinkling, if desired) 1 1/4 cups sugar (granulated) 3/4 cup butter (room temperature) 1/2 cup eggnog (purchased)

1 1/2 teaspoons vanilla extract 2 large egg yolks

Steps involved

• Preheat oven to 300 F (150 C/Gas).

· Line baking sheets with parchment paper or a silicone baking mat.

Or spray the baking sheets lightly with baking spray.

• In a bowl combine the flour, baking powder, cinnamon and nutmeg. Blend well with a whisk and set aside.

 In a large mixing bowl with an electric mixer, cream sugar and butter until light and fluffy.

 Add the eggnog, vanilla and egg yolks; beat at me-

dium speed until

smooth.

 Add the flour mixture and beat on low speed just until dry ingredients are moistened.

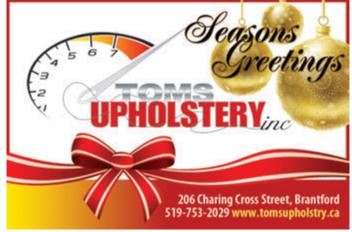
 Using a teaspoon or small cookie scoop, drop the dough onto the prepared baking sheets, leaving about 2 inches between the cookies.

 If desired, sprinkle each mound of cookie dough with more nut-

· Bake for about 25 minutes, or until the bottoms are lightly browned.

 Remove the cookies to a rack with a spatula.





# Jingle Bell Rock

Jingle bell, jingle bell rock
Jingle bells swing and jingle bells ring
Snowing and blowing up bushels of fun
Now the jingle hop has begun

Jingle bell, jingle bell, jingle bell rock
Jingle bells chime in jingle bell time
Dancing and prancing in Jingle Bell Square
In the frosty air.

What a bright time, it's the right time

To rock the night away

Jingle bell time is a swell time
To go gliding in a one-horse sleigh
Giddy-up jingle horse, pick up your feet
Jingle around the clock

Mix and a-mingle in the jingling feet
That's the jingle bell,
That's the jingle bell rock







# Silent Night

Silent night, holy night!

All is calm, all is bright.

Round yon Virgin, Mother and Child.

Holy infant so tender and mild,

Sleep in heavenly peace,

Sleep in heavenly peace

Silent night, holy night!

Shepherds quake at the sight.

Glories stream from heaven afar

Heavenly hosts sing Alleluia,

Christ the Savior is born!

Christ the Savior is born

Silent night, holy night!
Son of God love's pure light.
Radiant beams from Thy holy face
With dawn of redeeming grace,
Jesus Lord, at Thy birth
Jesus Lord, at Thy birth



# Peanut Butter Shortbread Cookies

Total: 75 mins Prep: 50 mins Cook: 25 mins

Yield: 4 dozen cookies (48 servings)

These six-ingredient cookies are easy to prepare, and they're egg-free. Drizzle melted chocolate over these peanut butter shortbread cookies to make them even more festive for the holidays. Use a food processor or electric chopper to chop the peanuts for this recipe.

#### Ingredients

1 cup unsalted butter (softened)

2/3 cup peanut butter

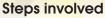
2/3 cup light brown sugar (packed)

1 1/2 teaspoons vanilla

2 1/2 cups all-purpose flour

1/4 cup cornstarch

Optional: 3/4 cup very finely chopped roasted or honey-roasted peanuts



Heat oven to 350 F.

 Combine the butter, peanut butter, and brown sugar in a large mixing bowl; beat with electric mixer until smooth and creamy. Beat in vanilla. Slowly beat or stir

in the flour and cornstarch until mixture holds together. Blend in the very finely chopped peanuts.

> · Chill for about 30 minutes.

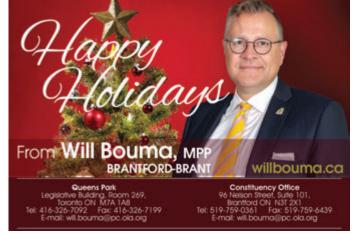
• Roll out on a lightly floured board to about 1/4" thickness, cut with cookie

cutters, and place on an ungreased baking sheet or baking sheet lined with a silicone mat. Or, shape the dough into small balls, place on a cookie sheet, dip the flat bottom of a glass in granulated sugar and flatten gently to about 1/4 inch thickness.

• Bake for 20 to 25 minutes, or until cookies are set and bottoms just begin to brown. Cool on the pan for 5 minutes, then remove to a wire rack to cool completely.

If desired, melt 1 cup chocolate chips with 2 teaspoons of shortening and drizzle over the cookies.





## Rudolph The Red Nosed Reindeer

You know Dasher, and Dancer, and Prancer, and Vixen,
Comet, and Cupid, and Donder and Blitzen
But do you recall
The most famous reindeer of all

Rudolph, the red-nosed reindeer
had a very shiny nose
and if you ever saw it you would even say it glows.

All of the other reindeer
used to laugh and call him names
They never let poor Rudolph play in any reindeer games.

Then one foggy Christmas eve

Santa came to say:

"Rudolph with your nose so bright, won't you guide my sleigh tonight?"

Then all the reindeer loved him as they shouted out with glee,
Rudolph the red-nosed reindeer,
you'll go down in history!









# We Wish You A Merry Christmas

We wish you a Merry Christmas, We wish you a Merry Christmas, We wish you a Merry Christmas, And a Happy New Year.

Good tidings to you, And all of your kin, Good tidings for Christmas, And a Happy New Year.

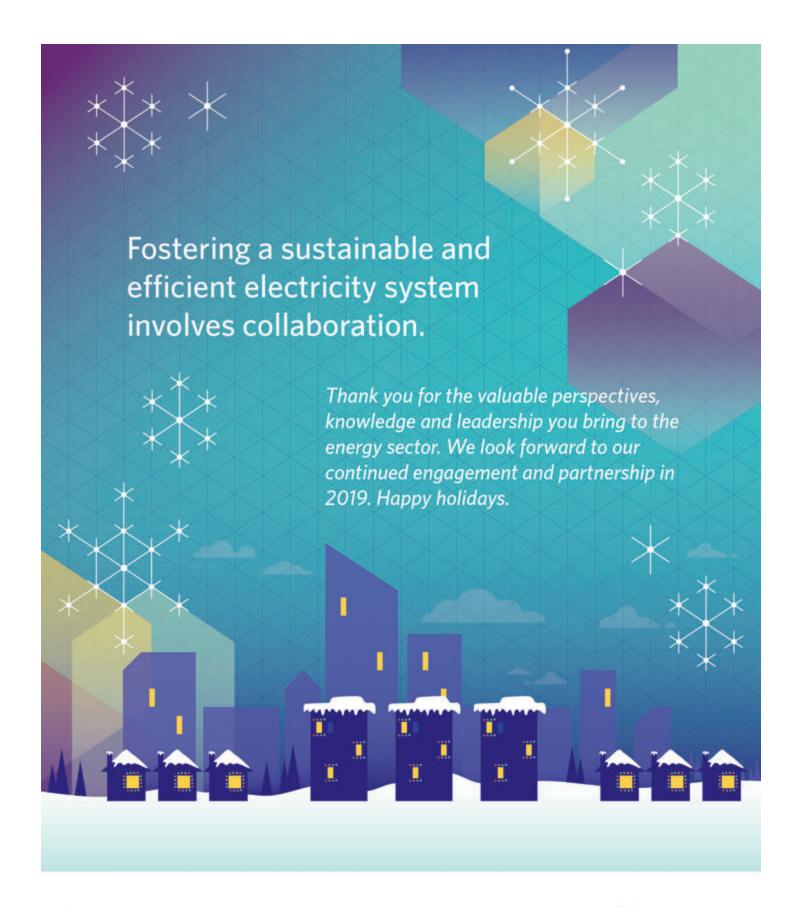
Good tidings to you, And all of your kin, Good tidings for Christmas, And a Happy New Year.

We wish you a Merry Christmas, We wish you a Merry Christmas, We wish you a Merry Christmas, And a Happy New Year

We all know that Santa's coming, We all know that Santa's coming, We all know that Santa's coming, And soon will be here.







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# A Holly Jolly Christmas

Have a holly, jolly Christmas; It's the best time of the year I don't know if there'll be snow but have a cup of cheer

Have a holly, jolly Christmas; And when you walk down the street Say Hello to friends you know and everyone you meet

> Oh ho the mistletoe hung where you can see; Somebody waits for you; Kiss her once for me

Have a holly jolly Christmas and in case you didn't hear Oh by golly have a holly jolly Christmas this year





# Classic Forgotten Cookies

Total: 10 hrs 7 mins

Prep: 7 mins Cook: 10 hrs

Yield: About 48 Servings

The name "Forgotten Cookies" comes from the baking process: you "forget" about the cookies and leave them in the oven overnight (after turning the oven off, of course!).

The cookies continue to bake in the oven as it slowly cools down.

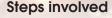
#### Ingredients

2 large egg whites, at room temperature 2/3 cup sugar Pinch of salt

1 teaspoon vanilla extract

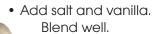
1 cup finely chopped pecans

1 cup semisweet chocolate chips



- Preheat oven to 350 F.
- Cover a cookie sheet with foil and grease it with butter.
- Beat the egg whites until

 Gradually add the sugar and continue beating the egg whites until they hold stiff peaks.



- Stir in pecans and chocolate chips.
  - Drop dough by teaspoonfuls onto the prepared cookie sheet.
- Put the cookies in the oven, and then turn the oven off.

 Leave the cookies in the oven overnight (keep the door closed so the heat doesn't escape too quickly) or about 10 hours.

If you like these Classic Forgotten Cookies, try out the variations below.

**Chocolate Forgotten Cookies** Beat 3 tablespoons of unsweetened cocoa into the egg whites along with the sugar.

Mint Chocolate Chip **Forgotten Cookies** Omit the vanilla and add 1/2 teaspoon of mint extract to the egg whites with a drop or two of green food coloring.

**Toffee Forgotten Cookies** Replace the chocolate chips with milk chocolate toffee bits.





## Frosty The Snowman

Frosty the Snowman, was a jolly happy soul, With a corn cob pipe and a button nose, and two eyes made of coal.

Frosty the Snowman, knew the sun was hot that day, so he said, "Let's run, and we'll have some fun now, before I melt away."

Frosty the Snowman, is a fairytale, they say. He was made of snow, but the children know he came to life one day.

Down to the village, with a broomstick in his hand, Running here and there, all around the square, sayin', "Catch me if you can."

There must have been some magic in that old silk hat they found,

He led them down the streets of town, right to the traffic cop; and only paused a moment, when he heard him holler, "Stop!"

For when they placed it on his head, he began to dance around! For Frosty, the Snowman, had to hurry on his way, But he waved goodbye, sayin'

Oh, Frosty, the Snowman, was alive as he could be; and the children say he could laugh and play, just the same as you and me.

"Don't cry, I'll be back again some day."

Thumpety thump, thump, thumpety thump, thump, look at Frosty go.

Thumpety thump, thump, thumpety

thump, thump, over the hills of snow.





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